



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Puget Sound Swimming Association (PSSA)

December 13, 2022

Meeting Notes

Attendees:

- | | |
|---------------------------------|---|
| 1. Jan Haanio, Morgan | 9. Matt Warren, Lakewood |
| 2. Nicole Evanson, Grays Harbor | 10. Joseph Shelly, Skagit |
| 3. Marilyn Grindrod, Bremerton | 11. Jenn Radford, Skagit |
| 4. Aleia Thurman, Gordon | 12. Jackie Barratt, South Sound Y |
| 5. Bryce Brabham, Tom Taylor | 13. Branden Hinckley, NorthShore |
| 6. David Millican, Whatcom | 14. Earl Long, Regional Officials Coordinator |
| 7. Tom Wunderlich, Snohomish | 15. Linda Vicik, Guest |
| 8. Riley Simpson, Snohomish | |

The meeting's "priority" topic was planning for the Saturday, January 28, 2023, Y State meet. The following is the summary of the discussion.

Projected number of attendees and officials

Each of the teams in attendance updated their projected number of swimmers for the Y State Champs meet. The projection of 390 will be used for planning purposes until the entries are submitted in mid-January. (Note – NorthShore joined the meeting following this discussion and did not get an opportunity to provide projections. An email will be sent to Coach Branden Hinckley to see if he has projections to add.)

Although the teams report 31 officials, there is a concern there will be around ½ that number at the meet. This is based on prior Y State meets where half of the registered officials attended. Of the 31, eleven are new officials who will have helped at only a couple of meets. Given their limited experience staffing two pools will be a challenge. Dave Baer and Linda Vicik will look at consolidating events by age and gender so the meet can be operated in one pool. A single pool would allow the staffing of the pool with less officials. Dave and Linda will also look at ways of keeping the length of the meet around 5 hours.

Team	Current membership	Project # of swimmers for 2023 Y State	Officials
1. Bremerton	85	65	4
2. Whatcom	20	10	2
3. Gordon	60	25	2
4. Morgan	40	40	7
5. Skagit	40	30	3
6. Lakewood	40	15	1
7. Grays Harbor	40	25	2
8. Briggs	78	40	3
9. Snohomish	240	120	4
10. Mel Korum			2
11. Tom Taylor	60	20	
12. Auburn			
13. North Shore			
14. West Seattle			1
	703	390	31

Sanctioning of the meet

The teams discussed the options of not seeking YMCA Championship sanction. Following the discussion, the teams decided to request a YMCA Championship sanction to allow swimmers with national cuts who can't/don't make it to the regional meet in Boise will still be eligible to attend for spring nationals in North Carolina.

Planning for Y State – requirements, tasks, and timeline

The summary of the discussion is:

- Hold a one-day Y Sanction Championship in a Timed Final format on Saturday, January 28, 2023.
- Participation in two Y meets is required to attend Y State.
- Must have meet times. NTs will not be accepted for Y State.
- Coaches will certify each swimmer has practiced starts and can complete the length of events.
- Coaches to submit names of swimmer that may need to be assigned to outside lanes in order to use ladders to climb out of pool (as KCAC pool has a approximately 2 foot space between pool deck and water.)
- Number of events – 3 individuals/ 2 relays
 - There are no time standards for this meet except for the following:
 - At the 12-13-22 PSSA meeting (by a vote of 8 to 2) the teams chose to set time standards for 200 or longer events.

Timeline:

- Tuesday, 1-17-23, by 9 p.m. - the following items will be due:
 - Entries
 - Meet Declaration Form that includes \$1,000,000/\$2,000,000 in liability insurance coverage and damage claim waiver,
 - The names of graduating seniors,
 - National qualifiers,
 - Frank Toles nominees (instructions will be in meet announcement.)
 - The teams Core Values nominees. Only 4 per team.
- Monday 1-23-23, by 5 p.m. – will send psych sheet and events by swimmer report to teams.
- Wednesday, 1-25-23, by 5 p.m. – send finalized heat sheet to teams.

Order of Events (attached)

Day of meet start and end time:

- Doors open – 9:00.
- Coaches – 9:30.
- Warm-up – 9:45.
- Officials meeting – 9:45.
- Timers – 10:15.
- Opening Ceremonies – 10:30.
- Start time – 11:00.
- Positive Check in Deadlines – To Be Determined
- End Time – to be determined based on # entries.

Y State assignments and volunteers:

- 2023 Meet Director - Nicole Evanson
- Meet Referee - Dave Baer
- Administrative Referee - Linda Vicik
- Meet Announcement author(s) - Dave Baer and Linda Vicik
- Hospitality coordinator(s) – Marilyn Grindrod and Jan Haanio. There will be ab light breakfast (muffins, coffee) and lunch taco bar hosted by a family from Morgan Y.
- Volunteer coordinator - Jackie Barrett will organize:
 - Timers
 - Deck Marshalls
 - Staging
 - Announcer
 - Ribbons
 - Runners
 - Volunteer registration
 - Information Table

Information Table Clerk will handle:

- General questions.
- Pick up of Core Value certificates and other awards.
- Positive Check-in will be handled by Administrative Team (may be seated at Information Table).

Shirt vendor clarification – All clothing will be pre-ordered and picked up from vendor at meet. Clothing will not be sold at the meet.

Preparing for the future

Jackie Barratt agreed to serve as 2024 Meet Director. Jackie will work with Nicole at the January 28, 2023, Y State Meet to learn the meet director duties.

Nicole reminded the teams that new officers need to be selected in March 2023. She also reminded everyone that she will be stepping down as president after serving for consecutive terms.

Next PSSA meeting will be Tuesday, January 10, 2023, at 7 p.m.

Topics will be:

- Final preparation for January 28, 2023, Y State meet.
- Website update.
- Reminder - PSSAs Officer – elections in March 2023.

Y State Order of Events

Event #	Event	Event #
1	Girls 8 & Under 100 Medley Relay	2
3	Girls 10 & Under 200 Medley Relay	4
5	Girls 12 & Under 200 Medley Relay	6
7	Girls 14 & Under 200 Medley Relay	8
9	Girls 21 & Under 200 Medley Relay	10
11	Girls 8 & Under 100 Freestyle	12
13	Girls 11-21 200 Freestyle	14
15	Girls 8 & Under 25 Backstroke	16
17	Girls 9-12 50 Backstroke	18
19	Girls 13-21 50 Backstroke	20
21	Girls 11-21 200 Backstroke	22
23	Girls 12 & Under 100 IM	24
25	Girls 9-12 200 IM	26
27	Girls 13-21 200 IM	28
29	Girls 8 & Under 50 Freestyle	30
31	Girls 9-12 50 Freestyle	32
33	Girls 13-21 50 Freestyle	34
35	Girls 8 & Under 25 Butterfly	36
37	Girls 9-12 50 Butterfly	38
39	Girls 13-21 50 Butterfly	40
41	Girls 11-21 200 Butterfly	42
43	Girls 8 & Under 25 Breaststroke	44
45	Girls 9-12 50 Breaststroke	46
47	Girls 13-21 50 Breaststroke	48
49	Girls 11-21 200 Breaststroke	50
51	Girls 8 & Under 100 Freestyle Relay	52
53	Girls 10 & Under 200 Freestyle Relay	54
55	Girls 12 & Under 200 Freestyle Relay	56
57	Girls 14 & Under 200 Freestyle Relay	58
59	Girls 21 & Under 200 Freestyle Relay	60
61	Girls 9-12 100 Butterfly	62
63	Girls 13-21 100 Butterfly	64
65	Girls 9-12 100 Backstroke	66
67	Girls 13-21 100 Backstroke	68
69	Girls 9-12 100 Freestyle	70
71	Girls 13-21 100 Freestyle	72
73	Girls 9-12 100 Breaststroke	74
75	Girls 13-21 100 Breaststroke	76
77	Girls 11-21 500 Freestyle	78