

Updated 12-29-23											
YMCA ID #	Region	Team Code	Team & Y Affiliate	Name:	Position/YMCA Affiliate	Primary E-mail	Secondary e-mail	Primary Phone (Y)	Secondary (p)	PSSA Position	Team Address
6819	North	WYD	Whatcom Family YMCA - Bellingham	Dave Millican	District Executive and Head Coach	dmillican@whatcomymca.org		360-733-8630			1256 N. State St. Bellingham, WA. 98225
Team Name	Dolphins							360-733-8630			1256 N. State St. Bellingham, WA. 98225
				Grace Williams	Assistant Swim Coach	gwilliams2001@icloud.com		425-299-0836			
				Shannon Millican	Administrative Official	smillican@whatcomymca.org		360-255-0532			
5855C	North	SVFY	Skagit Valley Family YMCA - Mount Vernon					360-336-9622			1901 Hoag Rd, Mount Vernon, WA. 98273
Team Name				Joseph Shelly	Head Coach	j.shelly@skagitymca.org		360-336-9622			
				Jenn Radford	Aquatic Director	J.Radford@skagitYMCA.org	aquatics@skagitymca.org	817-688-6452	360-826-7900		1901 Hoag Rd Mount Vernon, WA. 98229
				Isaac Smith	Assistant Swim Coach	is.smith@skagitymca.org		360-336-9622			1901 Hoag Rd Mount Vernon, WA. 98229
9622	North	YSC	YMCA of Snohomish County - Everett	Tom Wunderlich	SR. Aquatic Director	twunderlich@ymca-snoco.org	tom.kaylaw@gmail.com	425-418-6016			13723 Puget Park Drive, Everett, WA. 98208
Team Name		Barracudas		Erin Witthuhn	Assistant Swim Coach	ewitthuhn@ymca-snoco.org					
				Esther Leonardo	Aquatics Director	eleonardo@ymca-snoco.org		425-224-8037			13723 Puget Park Drive, Everett, WA. 98208
				Danae Vickery	Aquatics Coordinator	dvickery@ymca-snoco.org		425-760-5776			
				Riley Simpson	Assistant Swim Coach/Everett	rsimpson@ymca-snoco.org		253-929-4722			101 Evergreen Way Everett, WA. 98208
				Georiga Frey	Assistant Swim Coach/Everett	gfrey@ymca-snoco.org		623-800-4211			
				Jayden Labadie	Head Coach/Marysville	Jlabadie@ymca-snoco.org		360-448-0445			
				Robert Wagner	Head Coach/Mill Creek	yswimcoachrobert@gmail.com		425-422-2007			
				Tasha Penberthy	Assistant Coach/Mill Creek	tasha@penberthy.net		314-265-2356			
				Shawna Tadvick	Head Coach/Munroe	stadvick@ymca-snoco.org		425-879-3529			15283-171 st Ave. SE Monroe, WA. 98272
				Keagan McAdams	Head Coach/Stanwood, Camano	Kwmcfb@gmail.com		360-630-3717			2929 Arapaho Pl. Mount Vernon, WA. 98229
				Stephanie Bayless	Assistant Swim Coach/Stanwood, Camano	bayless@seattleu.edu		509-385-1513			27501 80th Dr. NW Stanwood, WA. 98292
	North	DTY	Dale Turner YMCA - Shoreline	Katelyn Wigington	Aquatics Supervisor	katelynwigington@seattleymca.org		206-363-0446			19290 Aurora Ave. N. Shoreline, WA. 98133
Team Name	Orcas				Head Coach						
					Assistant Swim Coach						
6880	North	NSYS	Northshore Family YMCA - Bothell	Rylee Downs	Aquatic Supervisor	edowns@seattleymca.org		425-485-9797			11811 NE 195th St. Bothell, WA. 98011
Team Name	Sharks				Head Coach						
					Assistant Swim Coach						
6880	Central	AUB	Auburn Family YMCA - Auburn	Ryan Cohron	Aquatic Director	rccohron@seattleymca.org		253-833-2770			1601 Perimeter Rd, Auburn, WA. 98001
Team Name	Seals			Blake Hurd	Head Coach	avasswimcoach@seattleymca.org		209-479-3925			
					Assistant Swim Coach						
6927	Central	WSY	West Seattle Family YMCA - West Seattle	Sam Haisten	Aquatic Director	samhaisten@seattleymca.org		206-900-7270			3622 SW Snoqualmie St. Seattle, WA. 98126
Team Name				Jack Varney	Head Coach	jvarney@seattleymca.org					
				Cleveland King	Branch Director	cking@seattleymca.org					
				Dave Baer	Volunteer	dbaer53@gmail.com					
6947	Central	HFY	Haselwood Family YMCA - Silverdale	Vanessa McLean	Aquatic Director	vmclean@ymcapkc.org		360-698-9622 - Office	253-970-2174		3909 NW Randall Way, Silverdale, WA. 98383
Team Name	Hammerheads				Head Coach						
					Assistant Swim Coach						
6823	Central	BYST	Bremerton Family YMCA - Bremerton	Jennette Reneau	SR. Aquatic Director	jreneau@ymcapkc.org		562-972-8047			2261 Homer R Jones Dr. Bremerton, WA. 98310
Team Name				Marilyn Grindrod	Head Coach	coachmarilyng@gmail.com		360-286-9090		Treasurer	
				Ryleigh Sarvela	Assistant Swim Coach			503-828-5778			
	Central	TFY	Tom Taylor Family YMCA - Gig Harbor	Brenda Wilks	SR. Aquatic Director	bwilks@ymcapkc.org	tomtaylorswimteam@gmail.com	253-853-9622			10550 Harbor Hill Dr. Gig Harbor, WA. 98332
Team Name				Bryce Brabham	Head Coach	bbrabham@ymcapkc.org		253-576-8292			
					Assistant Swim Coach						
				Kai Panda	Assistant Swim Coach	Kpanda@ymcapkc.org					

6942	South	GFY	Gordon Family YMCA - Sumner	Danielle Behr	SR. Aquatic Director	Dbehr@ymcapkc.org		253-226-8861			16101 64th St. East, Sumner, WA. 98390
Team Name	Tigersharks			Haven Carroll	Head Coach	Haven.ailis@gmail.com	gordonytigersharks@gmail.com	253-592-1933			
				Rowan Poppen-Eagan	Assistant Swim Coach	gordonytigersharks@gmail.com	gordonytigersharks@gmail.com	253-592-1933			
					Assistant Swim Coach		gordonytigersharks@gmail.com	253-359-4128			
6942	South	LYAC	Lakewood Family YMCA - Lakewood	Tyler Yurina	SR. Aquatic Director	tyurina@ymcapkc.org		253-584-9622			9715 Lakewood Dr. SW. Lakewood WA. 98499
Team Name	Sharks			Matt Warren	Head Coach	mwarren@ymcapkc.org	lakewoodsharks@gmail.com	253-460-8930			
				Michael Williams	Assistant Swim Coach						
6950	South	MFB/MYSD	John O Morgan Family YMCA - Tacoma	Michael Byersdorf	SR. Aquatic Director	Mbyersdorf@ymcapkc.org		253-460-8802			1002 S. Pearl St. Tacoma, WA. 98465
Team Name	Sea Dragons			Jan Haanio	Head Coach	Jhaanio@ymcapkc.org	MorganYseadragons@gmail.com	253-460-8834	206-755-8228	Secretary	
				Kim Arnold	Assistant Swim Coach	karnold@ymcapkc.org	zucchini9@hotmail.com	253-571-9355			
				Victoria Barnhart	Assistant Swim Coach	vbarnhart@ymcapkc.org		253-460-8803			
				Braeden Martin	Assistant Swim Coach	bmartin@ymcapkc.org		253-583-6791			
6863	South	MK	Mel Korum Family YMCA - Puyallup	Alexus Foster	SR. Aquatic Director	afoster@ymcapkc.org		253-460-8990			302 43rd st. SE Puyallup, WA. 98374
Team Name	Korum Typhoons			Shae McGree	Head Coach	smcgee@ymcapkc.org		253-778-0698			
6859	South	OYST	South Sound Family YMCA/Briggs - Olympia	Jackie Barratt	SR. Aquatic Director	barrattj@ssymca.net	princessjackie21@hotmail.com	360-790-5781			1530 Yelm Hwy, SE. Olympia, WA. 98501
Team Name				Emiliano Monchilov	Head Coach	emzinii@gmail.com		360-704-9113			
						emzinii@gmail.com		360-704-9113			
6811	South	GH20	YMCA of Grays Harbor - Hoquiam	Nicole Evanson	SR. Aquatic Director	nevanson@ghymca.net	wishchick@gmail.com	360-537-9622 Ext 126			2500 Simpson Ave. Hoquiam, WA. 98550
Team Name				Taylor Jones	Head Coach	lullabylion.tj@gmail.com					