



**Puget Sound Swimming Association (PSSA)
August 9, 2022
Meeting Notes**

Attendees:

1. Jan Haanio, Morgan
2. Nicole Evanson, Grays Harbor
3. Marilyn Grindrod, Bremerton/Haselwood
4. Aleia Truman, Gordon
5. Alexis Foster, Mel Korum
6. David Millican, Whatcom
7. Matt Warren, Lakewood
8. Tom Wunderlich, Snohomish
9. Joseph Shelly, Skagit
10. Jenn Radford, Skagit
11. Earl Long, Regional Officials Coordinator

Welcome and Introductions

Nicole, PSSA President, opened the meeting, welcomed everyone.

Treasurer's Report:

Below is the Treasurer's report submitted by Marilyn. Earl presented the report as Marilyn was unavailable at the start of the meeting. Marilyn joined later in the meeting during the discussion of the fall schedule. A presented by Marilyn:

- *Activity has been picking up these last 5 months with swim meet activity.*
- *Rebate checks have been sent to all the teams. Well done everyone!*
- *PSSA support Y Regional officials. Budgeted \$2000 and submitted \$1600 to those officials who claimed.*
- *PSSA supported Y National Coaches (Carol Mochkatel (SVY) and Amy Meyer (BYST) and their swimmers, PJ Pasituri and Aziza Meyer, (\$400 to both SVY and BYST)*
- *PSSA supported hosting teams for pool rental and cost of staffing of lifeguards/welcome center staff during these covid times. This support was greatly appreciated by all teams and the aquatic directors were very willing to help get our swimmers back in the water to compete. (SVY, MFY, BYST, GH20)*
- *Tom Wunderlich (Snohomish Y association) hosted some meets within their association that were not part of PSSA but I wanted to mention this because they are planning on being active in hosting events this coming year.*
- *Looking ahead we are gearing up for the upcoming Swimposium. We have taken care of coaches' packets, bags, shirts etc.*
- *PSSA account has \$47,149.73 in the bank, and I am expecting about \$1400 coming in from teams who owe from meets in June/July. Invoices have been sent out except for the Morgan July 30 meet. I am still waiting for meet reports before I can finish that task.*

In addition to this report, Nicole clarified that 2022 – 2023 short course season meet fees are:

- \$10 per swimmer for Dual/Tri meets
- \$15 per swimmer for Fall Fest
- \$45 for Y State.

October 1, 2022, Swimposium:

Jan reviewed the agenda of the October 1st Swimposium. The topics for the Swimposium are:

- Opening remarks and Introductions:
 - What is PSSA
 - Handling difficult situations with swimmers & parents
- Breakouts
 - Stroke Technique & How to teach (Will be held in the Morgan Pool)
 - Key Skills & Drills for Age Group Coaches Planning a Successful Workout including dry land.
 - Navigating Meet Manager & Team Manager
 - Swim Meets 101 – Basics and minimum requirements for PSSA swim meets

Jan expects the registration for the Swimposium to go out on August 15th. PSSA still will offer each team up to \$150 per team to have coaches attend the Swimposium. Aquatic directors are encouraged to attend. PSSA officials will also be invited to attend the Swimposium.

The remainder of the meeting focused on the fall meet schedule. Here are the highlights and next steps regarding finalizing the fall schedule:

- Currently, there are no meets planned for the Snohomish Aquatic Center.
 - **Next step** - Tom Wunderlich and David Millican will check to see if there are dates available to host a Fall Fest type meet at the Snohomish Aquatic Center.
- Currently, Fall Fest isn't on the schedule.
 - **Next step** – teams are going to see if they are willing to host a Fall Fest event at their branch or, possibly, renting a high school pool.
- The teams agreed to not hold a Challenge series this season and opted hold a series of dual/tri meets. The plan is to hold one day dual/tri meets during the season. The schedule below outlines the teams that agreed to host dual/tri meets.
 - **Next step** – more dual/tri meets need to be added to the schedules. Teams agreed review the schedule and select dates they would be willing to host dual/tri meets.
 - **Next step** – the teams need to submit the dates they will host meets to Nicole, nevanson@ghymca.net, and Earl, ejlswim@gmail.com, by August 31, 2022.
- **Clarified** - Swimmers will need to participate in a least two meets during the season to participate in Y State.
- **Clarified** - To attend Y Regionals, a swimmer must meet qualifying times and swim in one meet.
- Skagit Valley indicated they are in transition as Carol retired and Joseph is taking over as head coach. Although Skagit is rebuilding, they agreed to offer their pool as a location to host meets. Joseph and Jenn will look at dates to hold meets. Other teams will need to help as co-host for meets at the Skagit Valley Family YMCA pool.
- Matt offered to host a small dual/tri meet at Lakewood on Saturday, November 19th. He has never hosted a meet and would need other teams to step up to help co-host the meet.
- **Highly suggested** – each team is encouraged to have someone attend the Swim Meet 101 session at the Swimposium. The presentation will cover the meet forms needed for hosting meets.
- **Next Steps** – Earl will work with the other trainers to set up officials' classes. The steps are:

- Earl will work with the trainers to set up classes starting in October.
- However, if teams are able to identify parents who are interested in becoming officials, the team can contact any of the trainers to set up a class. Those classes could be setup even in September. The contact information each of the trainers is:

Name:	Title:	Role:	Email:
Dave Baer	PSSA League Official Commissioner YMCA Swim Official Trainer	Rules on all league technical competitive questions. Teaches all YMCA levels	dlbaer53@gmail.com
Earl Long	Pacific NW YMCA Regional Officials Coordinator & Trainer	Teaches all YMCA Levels	EJLswim@gmail.com
Linda Vicik	YMCA Swim Official Trainer	Teaches all YMCA levels	lvicik@gmail.com
Chris Fako	YMCA Swim Official Trainer	Teaches all YMCA Levels	papacfako@gmail.com
Jim Cornforth	YMCA Swim Official Trainer	Teaches all YMCA levels	jrcorn2@comcast.net

Next meeting

Please mark your calendars for:

The major agenda items will be:



NEXT
PSSA MEETING
TUESDAY, SEPTEMBER 13, 2022, AT 7 P.M.

- Finalizing the fall meet schedule and
- Last-minute preparation for the October 1st Swimposium.

2022-2023 PSSA – Schedule (Draft as of 8-9-22)

means can have multiple meets in different locations on this date(s) Dual/Tri meets are one day events on either of the weekend dates

Green means overlaps with High School State Championships

Gray means no PSSA meets this weekend

Date [#]	Meet	Host	Location	Teams
October 1	Swimposium	PSSA	Morgan	All Teams
TBD	Fall Festival in different locations			All Teams
<u>YMCA Fall Virtual Invitational Meets</u>				
Will be between September 30th and October 30th or November 25th and December 11th. For PSSA these be "By invite*" meets				
October 15 -16 [#]	Dual/Tri meet option [#]	Bremerton on the 16 th virtual	Bremerton	By invite*
October 22 - 23 [#]	Dual/Tri meet option [#]			By invite*
October 29 - 30 [#]	Dual/Tri meet option [#]	Snohomish – tentative Morgan on the 29th	TBD Morgan	By invite*
November 5 -6	Dual/Tri meet option [#]	Bremerton on the 6th	Bremerton	By invite*
November 12 - 13	Dual/Tri meet option [#]			By invite*
November 19 - 20 [#]	Dual/Tri meet option [#]	Lakewood on the 19 th Tentative	Lakewood	By invite*
November 26 - 27	No meets (Thanksgiving Holiday)			
December 3 - 4	Dual/Tri meet option [#]	Bremerton on the 4th	Bremerton	By invite*
December 10 - 11	Dual/Tri meet option [#]	Morgan for the 10 th tentative	Morgan	By invite*
December 17 - 18 [#]	Dual/Tri meet option [#]			By invite*
December 24 - 25	No meets (December/January holiday break)			
January 1	No meets (December/January holiday break)			
January 7 - 8 [#]	Dual/Tri option - Long Distance Meet [#]	Bremerton on the 8 th Distance	Bremerton	By invite*
January 14 - 15 [#]	Dual/Tri option - Long Distance Meet [#]	Snohomish - Distance tentative	TBD	By invite*
January 21 - 22	No meets (This week is needed to prepare for Y State)			
January 28 - 29	WA State YMCA Champs		KCAC	All Teams
February 3 - 4	No meets (Break after Y State)			
February 11 - 12	Last Chance Meet Option 1			By invite*
February 18 - 19	Last Chance Meet Option 2	Bremerton on the 19th	Bremerton	By invite*
February 28-March 1	YMCA Regional Meet	Boise Y	Boise or TBD	Qualifiers
April 2 - 7	2023 Short Course Nationals	National	Greensboro, NC	Qualifiers

Yellow means overlaps with PNS/USA Swim Meets (effects the two PSSA teams that also are PNS/USA member teams.)

By invite* means a team chooses to host a meet and can invite other teams to attend the meet. Goal would be to have 2 or 3 meets per weekend for teams in close proximity to the Host team.