

YMCA ID #	Region	Team & Y Affiliate	Name:	Position/YMCA Affiliate	Primary E-mail	Secondary e-mail	Primary Phone (Y)	Secondary (p)	Team Address
6819	North	Whatcom Family YMCA - Bellingham	Dave Millican	Aquatics Director/Head Coach	dmillican@whatcomymca.org		360-733-8630		1256 N. State St. Bellingham, WA. 98225
Team Name	Dolphins		Shannon Millican	Administrative Official	smillican@whatcomymca.org		360-255-0532		1256 N. State St. Bellingham, WA. 98225
Team Code	WYD								
5855C	North	Skagit Valley Family YMCA - Mount Vernon	Joseph Shelly	Head Coach	j.shelly@skagitymca.org		360-708-8463		1901 Hoag Rd Mount Vernon, WA. 98229
Team Name			Artemiy Lisitskiy	Assistant Coach	a.lisitskiy@skagitymca.org				
Team Code	SVFY								
9622	North	YMCA of Snohomish County - Everett	Tom Wunderlich	Sr. Director Aquatics & Youth Sports	twunderlich@ymca-snoco.org		425-418-6016		13723 Puget Park Drive, Everett, WA. 98208
Team Name	Barracudas		Kevin Blum	Director of Competitive Swimming	Kblum@ymca-snoco.org				
Team Code	YSC		Rosie Kirianov	Head Age Group Coach	akirianov@ymca-snoco.org				
			Esther Leonardo	Sr. Aquatics Director	eleonardo@ymca-snoco.org		425-224-8037		13723 Puget Park Drive, Everett, WA. 98208
			Logan Wintermute	Head Site Coach/Everett	lwintermute@ymca-snoco.org		253-929-4722		101 Evergreen Way Everett, WA. 98208
			Rowan Phan	Assistant Swim Coach/Everett	rphan@ymca-snoco.org		623-800-4211		
			Danae Vickery	Aquatic Director/Marysville	dvickery@ymca-snoco.org				
			Danae Vickery	Aquatic Director/Marysville	dvickery@ymca-snoco.org		360-448-0445		
			Andrew Johnson	Aquatic Director/Mill Creek	ajohnson@ymca-snoco.org		314-265-2356		
			Robert Wagner	Head SiteCoach/Mill Creek	rwagner@ymca-snoco.org		425-422-2007		
			Eli McMullen	Aquatic Director/Monroe	emcmullen@ymca-snoco.org				
			Shawna Tadvick	Head Site Coach/Monroe-Sky Valley	stadvick@ymca-snoco.org		425-879-3529		15283-171 st Ave. SE Monroe, WA. 98272
			Lindsay Johnson	Assistant Coach/Monroe-Monroe	ljohnson@ymca-snoco.org				
			Renee Le	Aquatic Director/Mukilteo	rle@ymca-snoco.org				
			Aaron Armstrong	Head Site Coach/Mukilteo	aarmstrong@ymca-snoco.org				
			Rae McFarland	Assistant Coach Mukilteo	rmcfarland@ymca-snoco.org				
			Ceci Smith	Aquatics Director	cesmith@ymca-snoco.org				
			Keagan McAdams	Head Site Coach/Stanwood, Camano	kemcadams@ymca-snoco.org		360-630-3717		2929 Arapaho Pl. Mount Vernon, WA. 98229
			Presley Polasek	Assistant Coach Stanwood	ppolasek@ymca-snoco.org				
	North	Dale Turner YMCA - Shoreline	Zach Holm	Aquatics Director	zachholm@seattleymca.org		206-363-0446		19290 Aurora Ave. N. Shoreline, WA. 98133
Team Name	Orcas			Head Coach					
Team Code	DTY			Assistant Swim Coach					
6880	North	Northshore Family YMCA - Bothell	Rylee Downs	Aquatic Supervisor	edowns@seattleymca.org		425-485-9797		11811 NE 195th St. Bothell, WA. 98011
Team Name	Sharks		Naomi Voeller	Head Coach	naomivoeller@seattleymca.org				
Team Code	NSYS			Assistant Swim Coach					
6880	Central	Auburn Family YMCA - Auburn	Ryan Cohron	Aquatic Director			253-833-2770		1601 Perimeter Rd, Auburn, WA. 98001
Team Name	Seals		Blake Hurd	Head Coach	bhurd@seattleymca.org		209-479-3925		
Team Code	AUB			Assistant Swim Coach					
6927	Central	West Seattle Family YMCA - West Seattle	Jenna Gill	Aquatic Director/Head Coach	jgill@seattleymca.org		425-282-1519		3622 SW Snoqualmie St. Seattle, WA. 98126
			Jack Varney	Head Coach	jvarney@seattleymca.org		206-696-4421		
Team Name			Cleveland King	Branch Director	cking@seattleymca.org				
Team Code	WSY		Dave Baer	Volunteer	dbaer53@gmail.com				
6947	Central	Haselwood Family YMCA - Silverdale	Christine Shelton	Sr. Aquatic Director	cshelton@ymcapkc.org		360-698-9622 - Office	253-970-2174	3909 NW Randall Way, Silverdale, WA. 98383
Team Name	Hammerheads			Head Coach					
Team Code	HFY			Assistant Swim Coach					
6823	Central	Bremerton Family YMCA - Bremerton	Devan Peal	SR. Aquatic Director	dpearl@ymcapkc.org		562-972-8047		2261 Homer R Jones Dr. Bremerton, WA. 98310
Team Name			Marilyn Grindrod	Head Coach (Treasurer)	coachmarilyng@gmail.com		360-286-9090		
Team Code	BYST		Frank Casella	Assistant Swim Coach	frankcpssc@outlook.com		503-828-5778		
			Ginae Ramirez	Assistant Swim Coach	ginaeramirez0390@gmail.com				
	Central	Tom Taylor Family YMCA - Gig Harbor	Sarah Boyer	SR. Aquatic Director	sboyer@ymcapkc.org	tomtaylorswimteam@gmail.com	253-853-9622		10550 Harbor Hill Dr. Gig Harbor, WA. 98332
Team Name	Seals		James Cisneros	Head Coach	jcisneros@ymcapkc.org				
Team Code	TTFY			Assistant Swim Coach					

6942	South	Gordon Family YMCA - Summer	Sandi Rose	SR. Aquatic Director	srose@ymcapkc.org		253-226-8861		16101 64th St. East, Sumner, WA. 98390
Team Name	Tigersharks		Payton Buegler	Aquatics Director/Head Coach	pbuegler@ymcapkc.org				
Team Code	GFY		Haven Carroll	Head Coach	Haven.ailis@gmail.com	gordonytigersharks@gmail.com	253-592-1933		
			Sara Ball	Assistant Coach	Sarabball@gmail.com	gordonytigersharks@gmail.com	253-592-1933		
			JoAnn Laning	Assistant Coach	Lanjo0134@gmail.com				
			Alex West	Assistant Coach	Jhdub24@gmail.com				
	South	Lakewood Family YMCA - Lakewood	Tyler Yurina	SR. Aquatic Director	tyurina@ymcapkc.org		253-584-9622		9715 Lakewood Dr. SW. Lakewood WA. 98499
Team Name	Sharks		Sara Netter	Head Coach	snetter @ymcapkc.org	lakewoodysharks@gmail.com	253-460-8930		
Team Code	LYAC		Matt Warren	Assistant Coach	mwarren@ymcapkc.org				
6950	South	Pearl Street Family YMCA - Tacoma	Kaylee Dasher	SR. Aquatic Director	kdasher@ymcapkc.org		253-460-8802		1002 S. Pearl St. Tacoma, WA. 98465
Team Name	Sea Dragons		Jan Haanio	Head Coach	Jhaanio@ymcapkc.org	MorganYseadragons@gmail.com	253-460-8834	206-755-8228	
Team Code	MFBZZ		Kim Arnold	Assistant Swim Coach	karnold@ymcapkc.org	zucchini9@hotmail.com	253-571-9355		
6863	South	Mel Korum Family YMCA - Puyallup	Amanda Merrigan	SR. Aquatic Director	amerrigan@ymcapkc.org		253-460-8990		302 43rd st. SE Puyallup, WA. 98374
Team Name	Korum Typhoons		Sara Osher	Head Coach	sosher@ymcapkc.org	korumtyphoons@gmail.com	253-778-0698		
Team Code	MK		Nora Reyes	Assistant Coach	Nreyes@ymcapkc.org				
6859	South	South Sound Family YMCA/Briggs - Olympia	Jackie Barratt	SR. Aquatic Director (President PSSA)	barrattj@ssymca.net	princessjackie21@hotmail.com	360-790-5781		1530 Yelm Hwy, SE. Olympia, WA. 98501
Team Name	Orcas		Grant Myers	Head Coach	myersg@ssymca.net				
Team Code	OYST								
6811	South	YMCA of Grays Harbor - Hoquiam	Nicole Evanson	SR. Aquatic Director	nevanson@ghymca.net	wishchick@gmail.com	360-537-9622 Ext 126		2500 Simpson Ave. Hoquiam, WA. 98550
Team Name			Eric Lundeen	Head Coach	eriklundeen35@gmail.com				
Team Code	GH20		Conner Otey	Assistant Coach	otey.one.pilot@gmail.com				