



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Puget Sound Swimming Association (PSSA)

November 18, 2024

Business Meeting Notes

Attendees:

1. Tom Wunderlich, Snohomish
2. Joseph Shelly, Skagit
3. Marilyn Grindrod, Bremerton
4. David Baer, Commissioner
5. Grant Myers, South Sound
6. Rosie Kirianov, Snohomish
7. James Cisneros, Tom Taylor
8. Earl Long, Regional Officials Coordinator
9. Nicole Evanson, Grays Harbor
10. Shannon Millican, Whatcom
11. Jan Haanio, Pearl Street
12. Logan Wintermute, Snohomish
13. Sarah Osher, Mel Korum
14. David Millican, Whatcom

Review of previous notes and Y State survey

The meeting focused on reviewing team numbers and discussing the process for managing swimmer registrations and participation. Earl presented an agenda covering topics like the treasure report, minutes, calendar updates, and contact list updates. Tom and Earl discussed the challenges of controlling team numbers, including the issue of allowing time trials or practice times as alternatives to the two-meet minimum requirement. Earl and Shannon provided an update, sharing that the PSSA team count had reached 790, and the Y State estimates numbering 522. They agreed to review the Google form formulas and discuss drawing lines on registration timelines to manage numbers effectively. The results of the survey are attached at the last page of this document.

The group briefly reviewed September meeting minutes, confirming name changes and discussing any edits. Tom led the agenda, and confirmed with Joseph that all name changes had been processed for the previous notes.

Treasurer's Report and Meet Schedule

The meeting covered the Treasurer's Report, where Marilyn explained the financial status and process for meet fees, clarifying that costs are based on initial entries rather than actual attendance. The updated swim meet schedule was discussed, with upcoming meets in December and January, including the Y-State meet on January 24th. The board emphasized the importance of keeping the contact list current, as many coaches and staff changes had already been reported. Tom encouraged all teams to reach out if they needed help organizing meets or had questions about the schedule.

Official Training and Event Updates

The meeting discussed the prioritization of contact list updates, with Jan requesting email notifications for changes. Earl presented updates on officials' training, noting a net loss of Level 1 officials but highlighting efforts to recruit new ones through virtual and in-person classes. Tom emphasized the need for more officials and encouraged coaches to schedule training sessions. The group also discussed Y-State, an upcoming event with specific eligibility requirements, including a need for swimmers to compete in two meets by January 13th to qualify.

Y State Planning and High School Swimmer Waiver Process

The group discussed the continuation of high school swimmer exceptions for meet attendance from the previous year, with Joseph asking about the 2 meet requirement and the waiver process for swimmers who cannot attend two meets due to conflicts. David Baer clarified that the state meet must be sanctioned as a championship meet to allow athletes to qualify for Nationals, requiring the 90-day rule, while non-championship meets only need 30 days of membership. Earl and Tom planned to obtain criteria used at the national level to ensure consistency in the waiver process. The planning committee was tasked with finalizing these requirements, as well as working on championship clothing logistics. The meeting also covered registration updates, with most teams having submitted their estimates, though a few still needed to provide their numbers.

Swimming Coach Certification and Succession

The meeting focused on coach certification requirements and succession planning for swimming officials. Tom outlined the necessary certifications for new coaches, including lifeguard training, safety training, CPR, first aid, and child abuse protection training. Earl discussed mentoring new officials, including Josh Barnhart and Tim Ragulsky, to prepare them for leadership roles in future meets. The group emphasized the importance of promoting new people to Level 1 positions and assessing leadership interests among existing officials. The next meeting was scheduled for January 13th as a pre-coaches meeting for the upcoming meet, and attendees were encouraged to share the information with other coaches and aquatics directors.

Adjournment and next meeting

The group concluded with planning to keep the Y State start time at 10 AM and limit teams to 3 relays per event. Shannon and Nicole confirmed they could manage deck control for 500+ swimmers. The group also agreed to maintain the 3 individual event limit per swimmer. The group scheduled their next planning meeting for December 2nd at 6:30 PM, combining the planning and executive board meetings. The meeting ended after a celebration of Earl's birthday, sung with lots of heart but jumbled timing through the Zoom delays.

Next meeting(s):

- Dec 2nd (board and planning team)
- Jan 13th (All team meeting)

2025 - 2026 PSSA Fall Short Course Schedule
(Updated per Nov 18, 2026 PSSA Ex. Committee Meeting)

September	October	November	December	January	February	March
Sunday, Sept. 28, 2025 Snohomish at TBD	Saturday, October 11, 2025 PSSA at Hazen	Saturday, November 8, 2025 YMCA of Grays Harbor	Saturday, December 13, 2025 YMCA of Grays Harbor	Saturday, January 10, 2026 YMCA of Grays Harbor	Sunday, February 8, 2026 Skagit Valley YMCA	Friday- Sunday, March 6-8, 2026 Boise, Idaho

Saturday, October 25, 2025 YMCA of Grays Harbor	Sunday, November 15, 2025 Snohomish at TBD	Saturday, Dec. 13, 2025 Skagit Valley YMCA at SAC	Saturday, January 24, 2026 Y State - PSSA at KCAC	Saturday, February 14, 2026 YMCA of Grays Harbor
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Saturday, February 14, 2026 Bremerton YMCA at OHS

Details:

Hazen is in Renton, 1101
Hoquiam Ave NE, Renton, WA
98059
OHS is Olympic High School,
7077 Stampede Blvd. NW,
Bremerton, WA 98311
SAC is Snohomish Aquatics
Center, 516 Maple Ave,
Snohomish, WA 98290

Sunday, February 21, 2026 Snohomish at TBD
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TBD Pearl Street Family YMCA	TBD Pearl Street Family YMCA	TBD Pearl Street Family YMCA	TBD Pearl Street Family YMCA	TBD Pearl Street Family YMCA
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PSSA team count as of noon on Tuesday, November 25, 2025	What is your team's current membership (in November 2025)	Estimated number of girl swimmers, 12 years and younger we plan to send to the January 24, 2026, Y State Championships.	Estimated number of boy swimmers, 12 years and younger we plan to send to the January 24, 2026, Y State Championships.	Estimated number of girl swimmers, 13 years and older we plan to send to January 24, 2026, Y State Championships.	Estimated number of boy swimmers, 13 years and older we plan to send to the January 24, 2026, Y State Championships.	Totals by Teams
Bremerton YMCA	120	15	15	25	20	75
Briggs Family YMCA	68	23	10	18	15	66
Gordon Family YMCA	34	10	10	7	7	34
Grays Harbor YMCA	35	6	6	2	1	15
Lakewood Family YMCA	37	4	2	4	3	13
Pearl Street Family YMCA	61	21	9	11	10	51
Skagit Valley YMCA	66	15	9	15	13	52
Snohomish YMCA	235	60	50	12	8	130
Tom Taylor YMCA	65	15	5	20	5	45
Whatcom Y Dolphins	18	2	2	1	1	6
YGS - West Seattle YMCA	21	3	5	1	1	10
Mel Korum YMCA	30	9	7	5	4	25
Totals by Membership, Age, gender	790	183	130	121	88	522
		Total by 12 and younger		Total by 13 and older		
		313		209		