



Swim Official - Level 1 (L1) class
September 8, 2025, Orientation Class and September 13, 2025, Level 1 Class

The following are the instructions for registering for the September 8, 2025, Orientation and September 13, 2025, Level 1 (L1) Class. The trainers will be Earl Long and Linda Vicik. **Read** this document fully for registration instructions!

What is a Swim official and why do we have them?

Swim Officials play a key role in supporting the operation of a swim meet. Without Officials, a swim meet cannot take place. Swim Officials are the people in white polo shirts who are responsible for ensuring that the rules of swimming are upheld and that all swimmers can compete fairly in whatever events they swim. There are different officials including Referee, Starter, Place, Stroke & Turn, and Administrative Officials.

The Swim Official Level 1 (L1) class

This is the entry level course designed to train participants as swim officials in the areas of Stroke and Turn Judge, Relay Take-off Judge, Place Judge and Timer. The course focuses on the specific duties and responsibilities prior to, during and after a swim meet. The course also reviews the facilities requirements for a meet, swimmer eligibility, and the roles of Chief Judge, Starter, and Referee.

Class structure

YMCA Swim Official classes were originally designed as in-person four-hour classes. However, many people find it difficult to attend a four-hour class. Instead, the class will be split into two sections. These are:

Part 1 - Y Swimming Orientation

This is a one-hour overview of YMCA competitive swimming held via Zoom. The class is an overview of the YMCA core values and mission statement as they apply to being a swim official, a review of facilities, equipment, the basics of determining a swimmer's time, and the minimum number of officials required to conduct a swim meet.

You do not need to register in advance for this orientation as it is offered multiple times. All you will have to do is attend one of three one-hour orientations. The instructor will be Earl Long.

Important, you **must** attend one of these orientations to attend the Level 1 Officials class on September 13, 2025. If you have difficulty making one of these orientations, please contact Earl Long at ejlswim@gmail.com or by cell/text at 206-581-4688.

The dates and Zoom links are:

Date	Start time	Class Type	Zoom link	Meeting ID & Password
Monday, September 8, 2025	7 a.m.	Orientation	https://us02web.zoom.us/j/89976582249?pwd=5gQkmnE1R7oaNsgdxmRT8xytZeFBib.1	899 7658 2249 677057
Monday, September 8, 2025	Noon.	Orientation	https://us02web.zoom.us/j/86314132780?pwd=aM0X3Rq6gladm83Q2cKFm2HTdvrdZl.1	863 1413 2780 429343
Monday, September 8, 2025	6 p.m.	Orientation	https://us02web.zoom.us/j/84349105241?pwd=YAX0uLTy2QqcZakezCQp07qV9qLe0A.1	843 4910 5241 479295

Part 2 – In-person class

The September 13, 2025, YMCA Level 1 Officials class will be held at the Pearl Street YMCA, 1002 S. Pearl Street, Tacoma, WA, 98465

The time for Level 1 (L1) class will be:

- 9:30 a.m. - Level 1 class will be held in the Conference Room located next to the Member Check-in station at the entrance of the Pearl Street YMCA. The room will be open for setup and for early arrivals. Please bring your own coffee, snacks, and lunch.
- 10:00 a.m. - The L1 class will start promptly at 10 a.m. There will be a 30-minute lunch break.
- 1:30 p.m. - The class should end no later than 1:30 p.m.

Class materials:

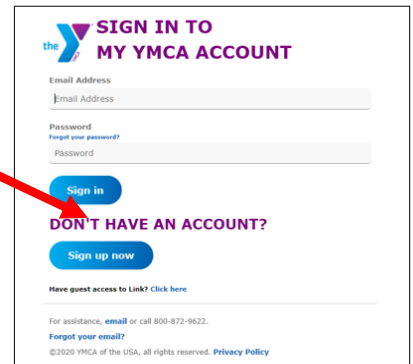
Will be sent to you by email after you register in the YMCA's Learning and Career Development Center (LCDC) class registration website.

LCDC Registration. – Please follow the instructions as outlined in this document as these classes are by invitation only. That means you will need the Invitation URL to locate the class.

You will need to log-in to the YMCA's Learning and Career Development Center (LCDC) to register for the class by using this link - <http://lcdc.yexchange.org/>.

After you click on the link you may be asked to log into your LCDC account. If you currently do not have an LCDC account, you can create the account by clicking on the "Sign up now" button illustrated on this screen.

IMPORTANT - Once you log in you need to return to these instructions and click on the Invitation URL to register for the class. Your LCDC account needs to be open before you click on the URL. You just select the class and click on its URL below:



For Level 1 (L1) class:

Date	Start time	Class Type	Invitation URL	Sanction Number
Saturday, September 13, 2025	10 a.m.	AO	https://lcdc.yexchange.org/Catalog/Class/Detail/307918	C24E23G

PSSA Affiliated Cost. The registration fee is **\$-0-** for individuals who are affiliated with a Puget Sound Swimming Association (PSSA) team. Those not affiliated with a PSSA team, the cost is \$45. The PSSA teams are:

North PSSA: • YMCA OF Snohomish County Branches (Everett, Mill Creek, Marysville, Monroe, Mukilteo, Stanwood, and Camano) • Whatcom YMCA, • Skagit Valley YMCA	Central PSSA: • Y of Greater Branches (Auburn Valley, Dale Turner, Northshore, and West Seattle)	South PSSA: • Bremerton Family YMCA • Gordon Family YMCA • Lakewood YMCA • Mel Korum YMCA	• Pearl Street Family YMCA • South Sound YMCA • Tom Taylor YMCA • YMCA of Grays Harbor
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One last requirement - Affiliation

You have seen several references in these instructions to “affiliation.” This means:

- You are a member of a YMCA, a parent of a swimmer of a YMCA swim team, an employee, or a volunteer for a YMCA.
- You have completed any requirement established by your YMCA for volunteers. These typically include background checks, child safety requirements, and a concussion awareness class. Please check with the swim team coach, aquatics, or branch director if you have questions about the YMCA’s requirements.

To verify your affiliation, you will need to obtain the signature of a YMCA executive that verifies that you are approved to take this class. The signature may be from a Branch Executive, Aquatics Director, or Swim Team Head Coach. Once you register for the class, the trainer will send you the verification form.

Questions

If you have any questions about the classes, please contact Earl Long at ejlswim@gmail.com.